
**COMMUNITY
HEALTH
NEEDS
ASSESSMENT
IMPLEMENTATION PLAN
2024-2026**





CONTENTS

Contents 2

Introduction and Overview 3

 About Caribou Medical Center..... 3

 About Caribou Medical Center Community Benefit 3

 Defined Geographic Community Area 3

 Implementation Plan Purpose..... 4

 Implementation Plan Process 4

 Approval 4

 Availability to the Public 4

Prioritization of Health Needs 5

 Community Partners Meeting 5

 Prioritization Criteria 5

Prioritized Health Needs 5

Prioritized Health Need: Chronic Disease 6

 Goals..... 6

 Resources/Collaboration 6

 Anticipated Impact 7

Prioritized Health Need: Behavioral/Mental Health 8

 Goals..... 8

 Resources/Collaboration 8

 Anticipated Impact 8

Prioritized Health Need: Preventive Care/Health Education 9

 Goals..... 9

 Resources/Collaboration 9

 Anticipated Impact..... 9

Needs That Will Not Be Addressed 9

Next Steps 9



INTRODUCTION AND OVERVIEW

ABOUT CARIBOU MEDICAL CENTER

Caribou Medical Center is the result of over 100 years of development of hospital services in Soda Springs. Formerly known as Caribou County Hospital, located adjacent to the courthouse. It was replaced later with Caribou Memorial Hospital, built along Alexander Reservoir. In August 2021, county-owned Caribou Memorial Hospital transitioned to a non-profit 501(c)(3) entity called Caribou Medical Center (CMC).

Today, the community-owned critical access hospital is located at 300 South 3rd West in Soda Springs, Idaho. CMC is governed by a board of volunteers located within Caribou County. Services include an Emergency Department with 24/7 physician coverage, full radiology and clinical laboratory services, outpatient services, including wound care, ICU/CCU and inpatient beds, including “swing beds”, obstetrical care, and surgical services. CMC also operates medical, OB/GYN, and specialty clinics.

MISSION OF CARIBOU MEDICAL CENTER

Be the Trusted Healthcare of Choice.

VISION OF CARIBOU MEDICAL CENTER

We will transform the health care experience for our community through a culture of caring, quality, safety, and excellence, and be recognized by employees, physicians, patients and families, volunteers and the community as: 1) The best place to work; 2) The best place to practice medicine; and 3) The best place to receive care.

VALUES OF CARIBOU MEDICAL CENTER

Integrity * Caring * Safety * Excellence * Respect * Trust

ABOUT CARIBOU MEDICAL CENTER COMMUNITY BENEFIT

We believe health and wellness extends beyond the hospital and medical providers. To address critical health issues in our community, it is vital to identify the health needs, prioritize them and develop a plan to improve. This document communicates the plan created to address the prioritized needs in our community.

DEFINED GEOGRAPHIC COMMUNITY AREA

The majority of Caribou Medical Center’s patients are from ZIP Codes in Caribou County. It is therefore reasonable to utilize Caribou County as the CHNA geographic area. Caribou County includes medically underserved, low-income and minority populations. All patients were used to determine Caribou Medical Center’s CHNA geographic area.



CARIBOU MEDICAL CENTER'S CHNA SERVICE AREA

Caribou County

IMPLEMENTATION PLAN PURPOSE

This implementation plan has been prepared in order to comply with federal tax law requirements set forth in Internal Revenue Code section 501(r) requiring hospital facilities owned and operated by an organization described in Code section 501(c)(3) to conduct a community health needs assessment at least once every three years and adopt an implementation plan to meet the community health needs identified through the community health needs assessment.

This implementation plan is designed to meet the required federal regulations and in response to the needs identified through Caribou Medical Center's 2023 Community Health Needs Assessment (CHNA) that can be found on Caribou Medical Center's website, www.cariboumc.org.

IMPLEMENTATION PLAN PROCESS

Caribou Medical Center contracted with HealthTech to assist in conducting the 2023 Community Health Needs Assessment and to develop an implementation plan. HealthTech is a healthcare consulting and hospital management company based in Brentwood, Tennessee. The HealthTech principal consultant for the implementation plan was Julie Haynes.

Various hospital and community representatives were tasked with identifying strategies, success measures and partner resources to address the three priorities identified in the Community Health Needs Assessment. The resulting content from the meeting was used to develop this plan.

APPROVAL

CMC Board of Directors approved and adopted the 2023 CHNA in January 2024, and this implementation plan in February 2024.

AVAILABILITY TO THE PUBLIC

The CHNA report and this implementation plan will be made available to the public on the CMC website, www.cariboumc.org. Paper copies may be obtained at no charge from administration by calling 208.547.3341 or contacting the hospital at the following address.

300 3rd W, Soda Springs, ID 83276

PRIORITIZATION OF HEALTH NEEDS

COMMUNITY PARTNERS MEETING

A group of individuals that represented the interests of the county and/or had specific expertise regarding the health needs of vulnerable and underserved populations were asked to participate in identifying priority health needs and services. The 15 people who attended and participated included representatives from the local government, the church, medical providers, CMC board of directors, CMC foundation board of directors, and CMC.

The Community Partners meeting was held at the Enders Hotel in Soda Springs, Idaho on Thursday, November 9th from 10:00 a.m. to 2:00 p.m. to review the data collected and prioritize the health needs. Julie Haynes, a consultant with HealthTech, facilitated the meeting.

PRIORITIZATION CRITERIA

To identify the significant health needs and services of Caribou County, Community Partners meeting participants were asked to consider the following criteria when identifying their top three selections after reviewing the status of the prior CHNA efforts, as well as the primary and secondary data collected for the 2023 CHNA.

- **Magnitude / scale of the problem**
The health need affects a large number of people within the community.
- **Severity of the problem**
The health need has serious consequences (morbidity, mortality, and/or economic burden) for those affected.
- **Health disparities**
The health need disproportionately impacts the health status of one or more vulnerable population groups.
- **Community assets**
The community can make a meaningful contribution to addressing the health need because of its relevant expertise and/or assets as a community and because of an organizational commitment to addressing the need.
- **Ability to leverage**
Opportunity to collaborate with existing community partnerships working to address the health need, or to build on current programs, emerging opportunities, etc.

PRIORITIZED HEALTH NEEDS

To prioritize the significant health needs and services of Caribou County, the top three selections made by each meeting participant were submitted and then grouped together by like topic. The group discussed the outcome and determined that the topics with the highest number of selections were the top priorities. Below is the list of prioritized health needs and services for Caribou County that were generated by the Community Partners meeting participants.

- Chronic Disease
- Behavioral/Mental Health
- Preventive Care/Health Education

PRIORITIZED HEALTH NEED: CHRONIC DISEASE

GOALS (ACTIONS/PROGRAMS TO ADDRESS NEED)

Goal 1

Implement educational programs about chronic disease in collaboration with partners.

Goal 2

Ask providers to assist and be more involved as community health educators.

Goal 3

Seek local grants to fund chronic disease prevention initiatives.

Goal 4

Leverage the existing care management program to further assist patients with chronic disease.

Goal 5

Train appropriate staff to complete an annual wellness visit to establish patient care plans and develop a methodology to follow up and make sure the patient's care management plan is executed.

RESOURCES/COLLABORATION

(IDENTIFY RESOURCES AND PARTNERSHIPS THAT WILL ADDRESS NEEDS)

INTERNAL:

- Caribou Medical Center staff and medical staff
- Clinic Space
- Funding to implement hospital initiatives

EXTERNAL:

- Schools
- Senior centers
- Churches
- Library
- ISU interns (dietician, nutritionist)

ANTICIPATED IMPACT

(HOW MEASURE RESULTS OR CHANGES RESULTING FROM ACTIONS)

- Caribou Medical Center will offer multiple educational programs about chronic disease over the next three years
- Leverage the ACO collaborative such that percentage of those with chronic disease of the number of lives declines over time
- A more efficient system is in place for case managers, pharmacists and providers to operate to allow a wellness visit for all care management patients with long term goal of having all who qualify to be enrolled in care management (chronic, behavioral and principal care management)
- At least one grant application will be submitted to fund chronic disease prevention initiatives

PRIORITIZED HEALTH NEED: BEHAVIORAL/MENTAL HEALTH

GOALS (ACTIONS/PROGRAMS TO ADDRESS NEED)

Goal 1:

Provide early education on behavioral/mental health and support networks that includes utilization of social media and other platforms to promote behavioral/mental health programming using a cohesive approach with other partners for improved reach and impact

Goal 2:

Improve access and awareness of mental health services for the care management population using collaborative care management

Goal 3:

Provide increased awareness and access to general behavioral health needs by encouraging patients to get initial behavioral screenings at the clinics with their PCP for the PCP to refer to resources in the community

RESOURCES/COLLABORATION

(IDENTIFY RESOURCES AND PARTNERSHIPS THAT WILL ADDRESS NEEDS)

INTERNAL:

- Caribou Medical Center staff and medical staff

EXTERNAL:

- Area Counseling Services
- Schools and school counselors
- Churches
- State-level collaborators
- Community therapists
- Police/EMS
- Meals on wheels program
- Public officials
- Libraries
- Volunteer chaplain(s)

ANTICIPATED IMPACT

(HOW MEASURE RESULTS OR CHANGES RESULTING FROM ACTIONS)

- Caribou Medical Center will offer multiple educational programs about behavioral/mental over the next three years
- Completed positive initial behavioral screenings have been referred appropriately

PRIORITIZED HEALTH NEED: PREVENTIVE CARE/HEALTH EDUCATION

GOALS (ACTIONS/PROGRAMS TO ADDRESS NEED)

Goal 1:

Conduct health fairs and wellness programs.

Goal 2:

Educate the community through social media and local events.

Goal 3:

Collaborate with insurance providers to promote preventive healthcare benefits such that the patients who qualify are aware, enroll and use the benefit.

RESOURCES/COLLABORATION

(IDENTIFY RESOURCES AND PARTNERSHIPS THAT WILL ADDRESS NEEDS)

INTERNAL:

- Caribou Medical Center's staff and medical staff

EXTERNAL:

- Insurance providers

ANTICIPATED IMPACT

(HOW MEASURE RESULTS OR CHANGES RESULTING FROM ACTIONS)

- Caribou Medical Center will offer multiple educational programs about preventive health and wellness over the next three years
- Increased percentage of the people enrolled for preventive healthcare benefits

NEEDS THAT WILL NOT BE ADDRESSED

All priority health needs will be addressed.

NEXT STEPS

CMC will execute the plan plus monitor and evaluate the strategies listed above for the purpose of tracking the implementation of the strategies as well as to document the anticipated impact.